



# NOTTINGHAM CENTRE UPDATE—May 2014

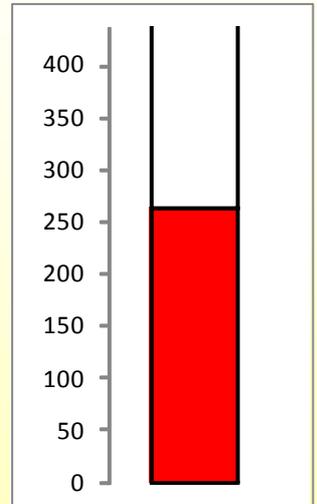
## Recruitment Progress

Number of Practices —13

Number of Patients Recruited—31

Number of Patients Needed—100

Looks insurmountable? That’s just **1 patient a month per practice** until the end of October 2014 (the expiry date of the IMP, and when we hope to recruit until)



Above: Total Trial Recruitment

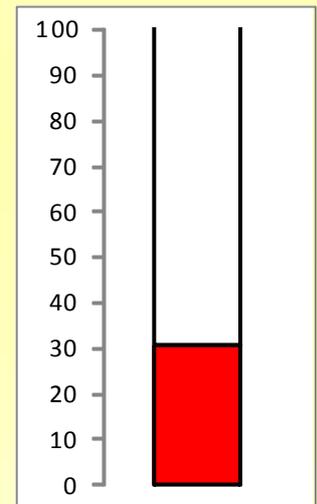
## Tips From Dr. Alastair Hay

Dr Alastair Hay is the Chief Investigator for the OSAC trial. He is a Reader in Primary Care at the University of Bristol and also a GP at Concord Medical Practice. Here are some tips from him on successful recruitment to OSAC:



- A site needs someone to **champion** the study in the practice and to keep reminding everyone about it.
- Alastair sets a **regular appointment** aside for OSAC. At Concord, this is 2:30pm every Wednesday afternoon. This timing means that the slot can be converted back to regular appointments if not booked for OSAC by 1pm.
- On Wednesday mornings (“**OSAC Wednesdays**”) Alastair sends out **an email to the entire practice team reminding them of the study** and the eligibility criteria. He also asks all of the GPs to give **any potentially eligible patients the trial leaflet**, and ask if they would be willing to come back at 2:30 that day. If the patient agrees, the GP should book them into the 2:30 appointment, advise the patient that Alastair will phone them to discuss the trial and alert him that a potential participant has been booked.
- If a patient is booked in, Alastair will **phone the patient to explain the trial**, to explore eligibility further (this includes prescribing prednisolone on the practice’s information system in order to be alerted to any contra-indications), and to give the patient the opportunity to ask any questions or raise any concerns.
- In addition, reception staff ask all patients requesting an appointment for cough, and aged 18 or over, if - in addition to booking an appointment as normal - they would be willing to receive a telephone call back from a member of the practice team to discuss participating in some research. If the patient agrees to this, they can then be phoned back by the designated Responsible or Recruiting Clinician to explore eligibility further.

Below: Nottingham Recruitment



See more top tips from other practices on the [OSAC website](#).

## Primary Care Notes Review

As you may have noticed, the online trial system has been updated with the facility for you to add the **review of patients’ notes for three months** following their involvement in the trial to see how their general health has fared and if any symptoms reported are attributable to side-effects or other conditions.

This section isn’t yet fully operational and you will be informed by Nottingham or Bristol when the system has been completely tested. You will then be given instructions for how to enter the data.

## Contacts

Please be aware, that all OSAC staff in Nottingham work part time (not even 1 FTE between us).

If you can’t contact us by phone (0115 8466312) please e-mail [Natasher](#) or [Peter](#); or (if urgent) call Sue Harris on 0117 331 4513.